

Pastor Stephen Cutchins • Sunday, December 19, 2021

Biblical Stories of Discouragement:

- Jonah
- Sarah
- David
- Israelites
- Mary
- Joseph

Have I not commanded you? Be strong and courageous. Do not be afraid: do not be _____, for the LORD your God will be with you wherever you go.” - Joshua 1:9

“Don’t be afraid, for I am with you. Don’t be _____, for I am your God. I will strengthen you and I will help you. I will hold you up with My _____ right hand.” - Isaiah 41:10

Stages of Emotions:

the action or process of suppressing a thought or desire in oneself so that it remains unconscious.

the conscious intentional exclusion from consciousness of a thought or feeling.

the act or process of making known one’s thoughts or feelings in words.

If we don't use _____, we can end up in _____.

A posture of _____ to God will always _____ the
daze of discouragement.

Ways of Godly Expression:

A posture of _____ to God will result in _____
and _____!

Don't lose your _____ over life's imperfections.

Overcome fear with Jesus' _____.

Let the Lord's _____ encourage and fill you.

Application:

What's _____ your peace?

Which _____ of expression can you use to meet God?

Who do you know that you can _____ today?

Peace is where God's _____ overrules your _____. - Tony Evans