



FIRST BAPTIST FAMILY LIFE CENTER

Schedule for week of August 22-28

	MON. 8/22	TUES. 8/23	WED. 8/24	THURS. 8/25	FRI. 8/26	SAT. 8/27
8:00 - 9:00 AM	Fitness Class		Fitness Class		Fitness Class	Pickleball
9:00 - 10:00 AM		Fitness Class		Fitness Class		Beginners & Open
10:00 - 11:00 AM	Pickleball	Low Impact Exercise Sr. Adults		Low Impact Exercise Sr. Adults		Open Basketball
11:00 AM- 12PM	Beginners & Open					Open Basketball
12:00 - 1:00 PM						
1:00 - 2:00 PM						
2:00 - 3:00 PM			Pickleball			
3:00 - 4:00 PM		Pickleball	Beginners & Open			
4:00 - 5:00 PM	Fitness Class	Beginners & Open	Fitness Class	Pickleball		
5:00 - 6:00 PM		Fitness Class		Beginners & Open		
6:00 - 7:00 PM		Open Basketball		Open Volleyball		
7:00 - 8:00 PM		Open Basketball		Open Volleyball		

Cost for Fitness Classes is \$5.00
 Questions/Concerns?
 Contact jimt@csrachurch.org