

✦ FIRST BAPTIST FAMILY LIFE CENTER // Schedule for September 12-17

	MON. 9/12	TUES. 9/13	WED. 9/14	THURS. 9/15	FRI. 9/16	SAT. 9/17
8:00 - 9:00 AM	Fitness Class				Fitness Class	
9:00 - 10:00 AM			Pickleball			
10:00 - 11:00 AM	Pickleball	Low Impact Exercise	Beginners & Open	Low Impact Exercise		Pickleball
11:00 AM- 12PM	Beginners & Open					Beginners & Open
12:00 - 1:00 PM						
1:00 - 2:00 PM						
2:00 - 3:00 PM						
3:00 - 4:00 PM		Pickleball				
4:00 - 5:00 PM	Fitness Class	Beginners & Open	Fitness Class	Pickleball	Fitness Class	
5:00 - 6:00 PM		Fitness Class		Beginners & Open		
6:00 - 7:00 PM		Open Basketball		Open Volleyball		
7:00 - 8:00 PM		Open Basketball		Open Volleyball		

Cost for Fitness class is \$5.00
 Questions/Concerns?
 Contact jimt@csrachurch.org

Contact Paul Katterjohn to schedule a fitness workout if the above times don't work with your schedule.
 PHONE: 706-877-4937 EMAIL: katterjohnpaul@gmail.com