

 **FIRST BAPTIST FAMILY LIFE CENTER // Schedule for September 19-24**

	MON. 9/19	TUES. 9/20	WED. 9/21	THURS. 9/22	FRI. 9/23	SAT. 9/24
8:00 - 9:00 AM	Fitness Class				Fitness Class	
9:00 - 10:00 AM			Pickleball		Pickleball	Pickleball
10:00 - 11:00 AM	Pickleball	Low Impact Exercise		Low Impact Exercise		
11:00 AM- 12PM						
12:00 - 1:00 PM						
1:00 - 2:00 PM						
2:00 - 3:00 PM						
3:00 - 4:00 PM		Pickleball				
4:00 - 5:00 PM	Fitness Class		Fitness Class	Pickleball	Fitness Class	
5:00 - 6:00 PM		Fitness Class				
6:00 - 7:00 PM		Basketball				
7:00 - 8:00 PM		& Volleyball				

**Cost for Fitness class is \$5.00**  
 Questions/Concerns?  
 Contact jimt@csrachurch.org

Contact Paul Katterjohn to schedule a fitness workout if the above times don't work with your schedule.  
 PHONE: 706-877-4937 EMAIL: katterjohnpaul@gmail.com