



### ARE YOUR WORDS

- True?
- Helpful?
- Inspiring?
- Necessary?
- Kind?

\_\_\_\_\_ a trouble maker

"A sinning man will stop praying and a \_\_\_\_\_  
\_\_\_\_\_ will stop sinning" - Leonard Ravenhill

"\_\_\_\_\_ and \_\_\_\_\_ are in the  
power of the \_\_\_\_\_, and those who love it  
will eat its fruits." - Proverbs 18:21

BIG IDEA: \_\_\_\_\_ your words wisely

1. We \_\_\_\_\_ when we choose our words wisely (vs. 6-8)

2. We are \_\_\_\_\_ when we choose our words wisely (vs. 10)

3. We \_\_\_\_\_ and \_\_\_\_\_ when we  
choose our words wisely (vs. 21)

#### TALK LESS AND PRAY MORE BECAUSE:

Prayer \_\_\_\_\_ us up when we are dirty

Prayer \_\_\_\_\_ when there is weakness

Prayer \_\_\_\_\_ when things are dying

Think of the word \_\_\_\_\_ to  
remember 5 healthy ways to \_\_\_\_\_

\_\_\_\_\_ 5 blessings for 5 people,  
5 minutes a day, for 5 days this week

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

- B** - **BODY** (health, protection, strength)
- L** - **LABOR** (work, security, income)
- E** - **EMOTIONS** (joy, peace, hope)
- S** - **SOCIAL** (love, relationships, friends)
- S** - **SPIRITUAL** (faith, grace, salvation)

4. \_\_\_\_\_
5. \_\_\_\_\_