



QUOTE: "An ounce of _____ is worth a pound of _____"

THOUGHT: We must manage the tension between the _____ of _____
and _____ in _____ them

BIG IDEA: It's _____ to make a _____ turn,
it's _____ to make the _____ recovery

POWER IN THE TEXT: "Let not your heart _____!"

- Proverbs 23:17

THEMES

_____ & _____ (1-3; 20-21; 29-35)

- It's EASY to get _____; It's HARD to get _____.

_____ (4-5)

- It's EASY to _____ after money; It's HARD to catch _____

_____ (6-8)

- It's EASY to be _____; it's HARD to _____ the damage

_____ & _____ (12, 23)

- It's EASY to find _____; It's HARD to _____

_____ (13-19)

It's EASY to _____ behavior; It's HARD to _____
_____ corrections

_____ (27-28)

It's EASY to look _____; It's HARD to look _____

APPLICATION

1. _____ down one area of struggle
2. Think about the _____ way
3. Think about the _____ way
4. Make it a matter of _____

FOR ORDERING A LIFE WISELY • ST. THOMAS AQUINAS

O merciful God, grant that I may desire ardently, search prudently, recognize truly,
and bring to perfect completion whatever is pleasing to You for the praise and glory of Your name.

Put my life in order, O my God.

Grant that I may know what You require me to do.

Bestow upon me the power to accomplish Your will,
as is necessary and fitting for the salvation of my soul.

Grant to me, O Lord my God, that I may not falter in times of prosperity or adversity,
so that I may not be exalted in the former, nor dejected in the latter.

May I not rejoice in anything unless it leads me to You;
may I not be saddened by anything unless it turns me from You.

May I desire to please no one, nor fear to displease anyone, but You.

May all transitory things, O Lord, be worthless to me and
may all things eternal be ever cherished by me.

May any joy without You be burdensome for me and
may I not desire anything else besides You.

May all work, O Lord, delight me when done for Your sake and
may all repose not centered in You be ever wearisome for me.

Grant unto me, my God, that I may direct my heart to You and that in my failures
I may ever feel remorse for my sins and never lose the resolve to change.

O Lord my God, make me **submissive** without protest, **poor** without discouragement,
chaste without regret, **patient** without complaint, **humble** without posturing,
cheerful without frivolity, **mature** without gloom, and **quick-witted** without flippancy.

O Lord my God, let me fear You without losing hope, be truthful without guile,
do good works without presumption, rebuke my neighbor without haughtiness,
and—without hypocrisy—strengthen him by word and example.

Give to me, O Lord God, a watchful heart, which no capricious thought can lure away from You.

Give to me a noble heart, which no unworthy desire can debase.

Give to me a resolute heart, which no evil intention can divert.

Give to me a stalwart heart, which no tribulation can overcome.

Give to me a temperate heart, which no violent passion can enslave.

Give to me, O Lord my God, understanding of You, diligence in seeking You, wisdom in finding You,
discourse ever pleasing to You, perseverance in waiting for You, and confidence in finally embracing You.

Grant that with Your hardships I may be burdened in reparation here,
that Your benefits I may use in gratitude upon the way,
that in Your joys I may delight by glorifying You in the Kingdom of Heaven.

You Who live and reign, God, world without end. Amen.